

## **Podcast 5, Caring Connections, Let's Talk About Following the Baby's Lead Information Sheet**

**This Month's Topic:** Routines

**Description:** The very youngest children are busy learning whether their needs will be met with the adults who care for them. How can you help them build a sense of trust and security? This podcast will look at the value of predictable routines for young children, and offer a few tips for home visitors and child care providers on how to do that.

### **Resources Referred to in this Podcast:**

#### **Websites and On-Line Resources:**

Early Head Start National Resource Center (EHS NRC) website: [http:// www.ehsnrc.org](http://www.ehsnrc.org)

Early Childhood Knowledge and Learning Center (ECLKC) <http://eclkc.ohs.acf.hhs.gov>

The following events are referred to in this podcast:

*Beyond Bottles and Baby Food* (Webinar): For more information, go to <http://www.ehsnrc.org/Activities/littlevoices.htm>

To find more learning multimedia resources, go to: <http://eclkc.ohs.acf.hhs.gov/hslc/resources/cinema>

#### **Video:**

Resources for Infant Educators (RIE). *Seeing Infants with New Eyes* [Video]. Los Angeles, CA: RIE.

*\*Please note:*

The video clip of infant "Isaiah" with his mother is taken with permission from copyright © ZERO TO THREE (2007). *Learning Happens* (DVD). [www.zerotothree.org](http://www.zerotothree.org)

The video clip of infant "Pebbles" with her mother and home visitor is taken with permission from copyright © ZERO TO THREE (2002). *Learning Through Observation* (DVD). [www.zerotothree.org](http://www.zerotothree.org)

### **Head Start Program Performance Standards Relevant to the Content in this Podcast:**

1304.21 (a)(1) In order to help children gain the skills and confidence necessary to be prepared to succeed in their present environment and with later responsibilities in school and life, grantee and delegate agencies' approach to child development and education must:

(iv) Provide a balanced daily program of child-initiated and adult-directed activities, including individual and small group activities.

1304.21(b) (2) Grantee and delegate agencies must support the social and emotional development of infants and toddlers by promoting an environment that: (i) Encourages the development of self-awareness, autonomy, and self-expression.

**If you do not have a copy of the *Head Start Program Performance Standards* and would like to view them electronically, you can use the following link to the ECLKC:**

<http://eclkc.ohs.acf.hhs.gov/hslc/Program%20Design%20and%20Management/Head%20Start%20Requirements/Head%20Start%20Requirements>